

## DESIGNATION OF HEALTH CARE SURROGATE

*For your convenience, this form is interactive and can be partially completed using Adobe Acrobat. To fully execute, this document still requires handwritten portions including signatures, as well as date and time of signatures.*

I, (NAME) \_\_\_\_\_, want to choose how I will be treated by my health care team.

### INSTRUCTIONS FOR MY HEALTH CARE SURROGATE

**If I am unable to communicate or make my medical decisions, my health care surrogate (HCS) will:**

- Talk to my health care team and have access to my medical information
- Authorize my treatment or have treatment stopped based on my choices and values
- Authorize transportation to another facility if needed
- Make decisions about organ/tissue donation based on my choices
- Apply for public benefits, such as Medicare/Medicaid, on my behalf
- Ensure my comfort and management of my pain
- Involve palliative care as a way to ensure my comfort
- Honor my written or oral wishes for end-of-life as designated in my living will

**My health care surrogate's authority only begins when my doctor decides that I am unable to make my own health care decisions, UNLESS I initial either or both of the following boxes:**

\_\_\_\_\_ My health care surrogate can receive my health information immediately.

\_\_\_\_\_ My health care surrogate can make health care decisions immediately.

**If I am able to make decisions and disagree with any choices made by my health care surrogate, MY choices will be honored.**

**I designate as my health care surrogate:**

\_\_\_\_\_  
Name Phone

\_\_\_\_\_  
Address

**If my health care surrogate is not willing, able or reasonably available to perform his or her duties, I designate as my alternate health care surrogate:**

\_\_\_\_\_  
Name Phone

\_\_\_\_\_  
Address

**Other instructions:**



**LIVING WILL**

I understand that this living will becomes effective only when I am no longer able to communicate or I am not able to make my health care decisions AND when two physicians have determined that I have one of the following:

- A terminal or end-stage condition, and there is little or no chance of recovery
- A condition of permanent and irreversible unconsciousness, such as coma or vegetative state
- An irreversible and severe mental or physical illness that prevents me from communicating with others, recognizing my family and friends, or caring for myself in any way

\_\_\_\_\_ Initial here if you choose not to complete the living will portion of this form at this time.

<b>My specific choices, if I have one of the above conditions</b>	<b>(Check which option you prefer)</b>	
Cardiopulmonary resuscitation (CPR) if my heart or breathing stops	<b>YES, I want</b>	<b>No, I do not want</b>
A breathing machine if I am unable to breathe on my own	<b>YES, I want</b>	<b>No, I do not want</b>
Nutrition and fluids through tubes in my veins, nose or stomach	<b>YES, I want</b>	<b>No, I do not want</b>
Kidney dialysis, a pacemaker or defibrillator, or other such machines	<b>YES, I want</b>	<b>No, I do not want</b>
Surgery or admission to a hospital Intensive Care Unit	<b>YES, I want</b>	<b>No, I do not want</b>
Medications that can prolong my dying, such as antibiotics	<b>YES, I want</b>	<b>No, I do not want</b>
Palliative care provided to relieve pain, symptoms and stresses	<b>YES, I want</b>	<b>No, I do not want</b>
Hospice involved in my care at the earliest opportunity	<b>YES, I want</b>	<b>No, I do not want</b>

**Optional Information (such as quality of life, cultural, spiritual, religious or personal beliefs):**

**Make It Legal** (Your health care surrogate(s) cannot serve as a witness to this document. At least one witness must be someone other than your spouse or a blood relative.):

**I fully understand the meaning of this form; I am emotionally and mentally competent to make decisions listed in this form and have given these decisions careful thought.**

\_\_\_\_\_  
Your signature

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

**Witnessed by:**

\_\_\_\_\_  
First witness signature

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
First witness address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Second witness signature

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
Second witness address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip