

POWER Physician Referral

POWER: Program of Wellness, Empowerment and Recovery

Patient Name: _____ D.O.B _____

Patient Phone: _____ Email: _____ Surgery Date: _____

For Breast Cancer (see bottom left)

- Physical Therapy
- Occupational Therapy
- CDT Lymphedema

Other Services

- Outpatient Registered Dietitian fax to : (813) 605-6041
- Cancer Patients Supports Services (CaPSS) fax to: (727) 333-6223
- Wellness Program (see bottom right for options)

Diagnosis: Breast Cancer ICD-10 code/DX _____

Order: PT/OT evaluation and treatment 3/week for 4-6 weeks

Rehabilitation goals

- Increase ROM/scar management for independent ADL's
- Increase muscle strength for return to work status/independent ADL's
- Instruct in-home exercise program, self-case incision
- Instruct in-joint protection/positioning
- Lymphedema evaluation, treatment and education

Precautions/ROM limitations: _____

Special Instructions: _____

Physician Name: _____ Physician Phone: _____

Physician Signature: _____ Date: _____

For PT/OT/Lymphedema: Determine patient's preferred rehab location. Check box next to location and fax for scheduling.

- Morton Plant Outpatient Rehab - PTAK Pavilion
430 Morton Plant St. Clearwater, FL 33756
Fax Number: (813) 635-2591
- Palm Harbor Outpatient Rehab
34718 US 19 N. Palm Harbor, FL 34684
Fax Number: (813) 635-7991
- SAH Outpatient Rehab - SARC Suite 100
500 Dr. MLK St. N St. Petersburg, FL 33705
Fax Number: (727) 820-7460
- SAH Rehab Center at Carillon
900 Carillon Parkway St. Petersburg, FL 33716,
Fax Number: (727) 561-2332
- Bardmoor Outpatient Rehab
8711 Bryan Dairy Road Largo, FL 33777
Fax Number: (813) 635-2592
- Morton Plant North Bay Outpatient Rehab
6633 Forest Ave. New Port Richey, FL 34653
Fax Number: (727) 841-4690
- SF Baptist Outpatient Rehab (Plant City)
414 N. Plant Ave. Plant City, FL 33563
Fax Number: (813) 757-9687
- SF Baptist Outpatient Rehab (Bloomingdale)
2470 Bloomingdale Ave. Valrico, FL 33596
Fax Number: (813) 409-2094

For Wellness Only: Determine patient's preferred wellness location. Check box next to location and fax, or email form to medicalfitness@baycare.org.

- Cheek-Powell Fitness Center Morton Plant Hospital**
455 Pinellas St. Clearwater, FL 33756
(727) 462-7685 fax: (727) 298-6748
 - BayCare Fitness Center BayCare Outpatient Center**
900 Carillon Parkway St. Petersburg, FL 33716
(727) 502-4444 fax: (727) 561-2324
 - BayCare Fitness Center BayCare HealthHub™**
2470 Bloomingdale Ave. Valrico, FL 33596
(813) 586-8600 fax: (813) 605-6103
- Please note:** Cheek-Powell Fitness Center also has a satellite location in Palm Harbor that can be selected.
- John Geigle (North Pinellas) YMCA**
4550 Village Center Dr. Palm Harbor, FL 34685
Fax to: (727) 298-6748

For more information, email medicalfitness@baycare.org

